

The Natural Health Centre - Practitioners

Registered Massage Therapist:

Monika Bogovic - 416-999-6044. monika7bogovic@gmail.com

Sarah Brown - 519-500-8207 - sarahjbrownrmt@gmail.com

Social Worker:

Elser Lee Faith Archer - 613-756-9945 website www.sagedcm.com

Acupuncture:

Paul Platt - 613-639-2431. PaulPlattPT@gmail.com

Dr. Sandy Musclow- 613-334-9802. drsandymusclow@gmail.com web
www.foundationstonemedicine.com

Dr. Lisa Murray R.Ac- 613-756-7775. LisaMurray@BarrysBayAcupuncture.com web
www.BarrysBayAcupuncture.com

Dr. Rachel Worth-Cappell 416-999-4430 Rachel.worthCappell.nd@gmail.com web
www.sacredgrovenaturopathic.com

PEMF & Patches: (*Pulsed Electromagnetic Field Therapy and Drug-Free Patches*)

Helen Benn - 613-756-1156.
HelenBenn1111@gmail.com website www.pemflivelifebetter.com/

Physiotherapist:

Paul Platt - 613-639-2431. PaulPlattPT@gmail.com

Live & Dried Blood Analysis / Blood Typing:

Helen Benn - 613-756-1156. HelenBenn1111@gmail.com website www.helenbenn.com/

Epigenetic Mapping - Hair Analysis – Epigenetic Nutritional & Wellbeing Reports

Helen Benn - 613-756-1156. HelenBenn1111@gmail.com website www.helenbenn.com/

Naturopathic Medicine:

Dr. Sandy Musclow- 613-334-9802. drsandymusclow@gmail.com web
www.foundationstonemedicine.com

Dr. Lisa Murray- 613-756-7775. LisaMurray@BarrysBayAcupuncture.com web
www.BarrysBayAcupuncture.com

Dr. Rachel Worth-Cappell 416-999-4430 Rachel.worthCappell.nd@gmail.com web www.sacredgrovenaturopathic.com

Chiropractor:

Dr. Colette Szalay - 613-756-6000. colette200@gmail.com

Reike:

Janice Cybulskie - 613-639-0196. janicemcybulskie@gmail.com

Life Coaching / Health Consultation & Wellness Programs:

Helen Benn - 613-756-1156. HelenBenn1111@gmail.com website www.helenbenn.com/

Robin Seafeld - 613-633-6983 - stilllake@hotmail.com

Bowen Therapy:

Dr. Colette Szalay - 613-756-6000. colette200@gmail.com

Psychotherapist:

Elser Lee Faith Archer - 613-756-9945 website www.sagedcm.com

Maureen Roe - 613-401-6167 maureen.roe@gmail.com website www.maureenroe.com

Rebecca Poff - 613-975-3071- walksoftlypsychotherapy@gmail.com

Foot Care Nurse:

Katrina Platt - 613-717-0555 - katrina@kpfootcare.com website www.kpfootcare.com

Mediation: (*and Mental Health First Aid*)

Helen Benn - 613-756-1156. HelenBenn1111@gmail.com website www.HelenBenn.com

Elser Lee Faith Archer - 613-756-9945 website www.sagedcm.com

Holistic Beauty & Aesthetics:

Robin Seafeld - 613-633-6983 - stilllake@hotmail.com

Other Community-Based Services:

Training & Learning Centre of Renfrew County - 613-628-1720 - <https://www.trainingandlearningcentre.ca>

Developmental Services, FCSRC - 613-735-6866- <http://www.fcsrenfrew.on.ca>