



**CHAMPLAIN DEMENTIA NETWORK  
DIAGNOSTIC ASSESSMENT & TREATMENT SERVICES**

**OTTAWA**

<b>1. MEMORY DISORDER CLINIC</b>	
<p>Bruyere Continuing Care 261Y – 75 Bruyere St. Ottawa ON K1N 5C8</p> <p><b>***Physician referral needed***</b></p>	<p>Telephone: 613-562-6322 Fax: 613-562-6013</p>
<ul style="list-style-type: none"><li>➤ The main focus of the clinic is the early diagnosis of dementia (mild to moderate) and diagnosis of atypical forms of dementia.</li><li>➤ Age cut off is 45 years though exceptions to this are made under certain circumstances.</li><li>➤ Typically patients function at a reasonably independent level and do not have significant, active psychiatric conditions. Exclusions include cognitive change secondary to recent head injury or stroke, or neurological disorders that typically include cognitive change such as MS or PD.</li><li>➤ The team is made up of Neurology, Medicine, Neuropsychology, and Nursing.</li><li>➤ Referral to MDC is appropriate for patients requiring complete dementia work-up.</li></ul>	

<b>2. REGIONAL GERIATRIC PROGRAM OF EASTERN ONTARIO (RGPEO): OUTREACH TEAMS/DAY HOSPITALS/CLINIC SERVICES</b>	
<p><b>2A- East Geriatric Assessment Outreach Team</b></p> <p>Bruyere Continuing Care 75 Bruyère Street, Room 420-Y Ottawa ON K1N 5C7</p> <p><b>*** For Patients EAST of Bronson Avenue and the Ottawa River ***</b></p>	<p>Telephone: 613-562-6362 Fax: 613-562-6373</p>
<p><b>2B- West Geriatric Assessment Outreach Team</b></p> <p>Queensway-Carleton Hospital 3045 Baseline Road Ottawa ON K2H 8P4</p> <p><b>*** For Patients WEST of Bronson Avenue and the Ottawa River ***</b></p>	<p>Telephone: 613-721-0041 Fax: 613-820-6659</p>
<ul style="list-style-type: none"><li>➤ The main focus is on diagnostic assessment of dementia (mild, moderate or severe) and concomitant medical problems in patients over age 65. There is also an emphasis on multidisciplinary assessment and management of associated issues such as functional dependency, safety, driving concerns, caregiver stress, education needs, community services, and future planning.</li><li>➤ Geriatric Assessment Outreach Teams provide in-home comprehensive screening with triage to geriatric day hospitals (3) for geriatric physician assessment and full multidisciplinary team assessment or to outpatient clinics (3) for geriatric physician assessment.</li><li>➤ Patients with common geriatric problems not suffering from dementia are also assessed and treated.</li></ul>	

### 3. THE ROYAL

1145 Carling Avenue  
Ottawa ON K1Z 7K4

\*\*\*Physician referral needed\*\*\*

Telephone: 613-722-6521 x 6507

Fax: 613-798-2999

- This program offers services to meet the full range of mental health needs of persons 65 years of age and older. This includes patients suffering from dementia with concurrent depression, psychosis or associated behavioural problems which are assessed and treated by a bilingual, multidisciplinary team. Services offered are:
- The **Outpatient Clinic**: it is an inter-professional consultation providing psychiatric expertise to primary care physicians.
- The **Outreach Service**: provides consultative and educational services to most long-term care homes. A psychiatrist and nurse work collaboratively to support staff, residents and families in the long-term care home.
- The **Day Hospital**: provides inter-professional care for persons who require urgent and intensive treatment, but can safely live in the community.
- **Geriatric Psychiatry Inpatient Service**: provides 43 specialized beds for treatment of complex psychiatric illnesses that require inpatient care. (Geriatric Day Hospital and Specialized Inpatient Service are available as determined by the initial Outpatient or Outreach Consultation)

### 4. GERIATRIC PSYCHIATRY COMMUNITY SERVICES OF OTTAWA

75 Bruyère Street, Room 127Y  
Ottawa ON K1N 5C8

\*\*\*Physician referrals needed\*\*\*

Telephone: 613-562-9777

Fax: 613-562-0259

- The main focus of GPCSO is to provide bilingual services to persons 65 years of age and older with mental health problems including dementia and to persons less than 65 years of age who have been diagnosed with Alzheimer or fronto-temporal dementia, complicated by behavioural or psychological symptoms.
- Case managers will work with the person and family/caregiver in their homes providing assessment, counselling, and behavioural management. There is also emphasis on management of associated issues such as functional dependency, safety, caregiver stress, driving, education needs, community services, and future planning. In addition, capacity assessments for personal care/property are available for a fee.
- Geriatric psychiatry consults are available upon request to treat concomitant depression, behavioural problems, or other psychiatric problems. This may include doing a home visit, if appropriate.