

EASTERN COUNTIES

1. CORNWALL MEMORY DISORDER CLINIC (MDC) EASTERN COUNTIES

Central Intake: Champlain Community Care Access Cornwall Office

A variety of sites are available for the convenience of your patient

*** Physician referral needed***

Cornwall Telephone:

613-936-1171 / 1-800-267-0852

Cornwall Fax: 613-933-9916

- ➤ One of the primary purposes of theses clinics is to assist in the diagnosis of memory problems.
- To provide a comprehensive multidisciplinary assessment of memory problems in patients over 65 years of age who reside within the five Eastern Counties but outside of the long term care homes.
- > To assist in the management of symptomatic behaviours by recommending physiological, environmental, psychiatric and/or community based support services and strategies for the patient/caregiver as appropriate.

2. MEMORY DISORDER CLINIC

Bruyere Continuing Care 261Y – 75 Bruyere St. Ottawa ON K1N 5C8

Physician referral needed

Telephone: 613-562-6322

Fax: 613-562-6013

- > The main focus of the clinic is the early diagnosis of dementia (mild to moderate) and diagnosis of atypical forms of dementia.
- Age cut off is 45 years though exceptions to this are made under certain circumstances.
- > Typically patients function at a reasonably independent level and do not have significant, active psychiatric conditions. Exclusions include cognitive change secondary to recent head injury or stroke, or neurological disorders that typically include cognitive change such as MS or PD.
- The team is made up of Neurology, Medicine, Neuropsychology, and Nursing.
- Referral to MDC is appropriate for patients requiring complete dementia work-up.

3. THE ROYAL

1145 Carling Avenue Ottawa ON K1Z 7K4

Physician referral needed

Telephone: 613-722-6521 x 6507

Fax: 613-798-2999

(Geriatric Program Intake Secretary)

- This program offers services to meet the full range of mental health needs of persons 65 years of age and older. This includes patients suffering from dementia with concurrent depression, psychosis or associated behavioural problems which are assessed and treated by a bilingual, multidisciplinary team. Services offered are:
- ➤ The **Outpatient Clinic:** it is an inter-professional consultation providing psychiatric expertise to primary care physicians.
- The **Outreach Service:** provides consultative and educational services to most long-term care homes. A psychiatrist and nurse work collaboratively to support staff, residents and families in the long-term care home.
- The **Day Hospital:** provides inter-professional care for persons who require urgent and intensive treatment, but can safely live in the community.
- ➤ Geriatric Psychiatry Inpatient Service: provides 43 specialized beds for treatment of complex psychiatric illnesses that require inpatient care. (Geriatric Day Hospital and Specialized Inpatient Service are available as determined by the initial Outpatient or Outreach Consultation)

4. TRI-COUNTY MENTAL HEALTH SERVICES -PSYCHOGERIATRIC SERVICE

132 Second St. E., Suite 104 Cornwall, ON K6H 1Y6

Physician referral not required

Telephone: 613-932-9940

Fax: 613-932-9945 1-800-465-8061

- > Tri-County Mental Health Services-Psychogeriatric Service (TCMHS-PS) is a community mental health program of the Cornwall Community Hospital. The program covers the counties of Stormont, Dundas, Akwesasne and Glengarry, including the City of Cornwall.
- > TCMHS-PS is a multi-disciplinary team that offers bi-lingual assessment and counseling to people over the age 65. The team has three parts. The Community Team, the Outreach team and the Psychogeriatric Resource Consultant. The community Team meets with client wherever they are excluding hospitals or long term care homes. We have offices in Cornwall, Winchester and Alexandria, however, most interventions takes place in client's homes. The Outreach Team works exclusively with people in the 11 long term care homes in SD&G.
- > Our target population includes people with mood disorders, anxiety or other mental health or psychiatric issues or people with a diagnosis of dementia who are exhibiting particularly challenging mental health or behavioural changes. TCMHS-PS utilizes the services of psychogeriatricians from the Royal Ottawa Mental Health Centre. They offer an assessment and consultation service in conjunction with TCMHS-PS professional staff.

5. MONFORT HOSPITAL

PRESCOTT and RUSSELL GERIATRIC PSYCHIATRY SERVICES
480 McGill St, Suite 101
Hawkesbury, ON
K6A 1R2

*** Physician referral needed***

Telephone: 613-632-7763

Fax: 613-632-0472 1-800-316-7750

- The Prescott and Russell Geriatric Services provide bilingual services to persons 65 years of age and older who have a mental health problem and require outreach services. Dementia is not our focus of intervention, unless it is associated with psychiatric or behavioural problems.
- Nurses will work with the person and family/caregiver in the patient's place of residence, providing assessment, counseling, and advice regarding behavioural problems, community services and future planning.
- Psychiatric consults are available to treat concomitant depression, behavioural problems, or other psychiatric problems. This usually entails doing a visit in the patient's place of residence.

6. GERIATRIC CLINIC - WINCHESTER DISTRICT MEMORIAL HOSPITAL

This program utilizes the services of a Geriatrician (Regional Geriatric Program of Eastern Ontario) and a team member (CCAC, Pembroke Branch).

<u>Central Intake:</u> Champlain Community Care Access Centre
Pembroke Office

A variety of sites are available for the convenience of your patient

*** Physician Referral needed***

Telephone:

613-774-2422 ext. 5227 1-800-267-0852

Fax: 613-774-6856

- ➤ One of the primary purposes of theses clinics is to assist in the diagnosis, treatment and management (services, safety, future planning) of persons with cognitive impairment (e.g. dementia, delirium, depression).
- We also see persons with undiagnosed falls for diagnosis and management purposes. Given the volume of people with dementia who are being referred, we can only do this to a limited degree.